

CICELY NEWS

EDITION 3



Steve and Maureen with the pupils of Twynham School



Mick running for Cicely

UGANDA BOUND

Steve and Maureen Cliften presented a cheque for £1,000 on behalf of the Cicely Foundation to sixth form pupils at Twynham School who are off to Uganda in June to help build new classrooms in a special school. Participating student Emma Martin, said, "We have all had individual targets for raising money to help pay for the project but this wonderful contribution from the Cicely Foundation will help tremendously in the £16,000 overall amount we require."

RUN MICK RUN.....!

It was a warm day for April as the 35,000 runners set off from Greenwich Park for the recent London Marathon. To see so many runners spill through the gates, each with a cause close to their hearts was quite a sight. To train for such an event is a huge commitment and it was great to see the brave and determined former London Fireman, Mick Lee, representing the Cicely Foundation.

Mick had an impressive start and managed the first half of the course in well under two hours. At 20 miles he said, "My body just blew up and I was struggling". Despite the sweltering heat he ploughed on and went over the finish line just missing the magic four hour

mark – an amazing feat for someone who has never run anything like this before.

After the race a tired but happy Mick said, "I won't be rushing to do it next year but was really pleased to take part in such a famous event. They say running a marathon changes your life it certainly changes your knees!"

Mick wishes to say a big thank you to all those who supported and encouraged him and all your donations. A fantastic sum of almost £4,000 was raised for Demelza House and Julia's House the two Cicely-linked Children's Hospices. Check out the article 'GREAT DONATIONS MAKE FOR CAREFUL THOUGHT' for further details.

Cicely have their very own London Marathon place for next year. We have some ideas but if there are any willing volunteers out there who think they can raise a tidy sum of money, let us know!

Fundraising

Cicely Gala Dinner now taking bookings

Sat 10th October at the Prestigious De Vere Royal Bath Hotel.

An evening of high quality food and wine together with top entertainment.

Book now by email info@cicelyfoundation.com or tel 07789997261

GREAT DONATIONS MAKE FOR CAREFUL THOUGHT

Recent Cicely fundraising has created rather a dilemma, albeit a welcoming one! Instead of raising an estimated five or possibly six thousand pounds, the combination of the London Marathon and the Irish Cycle Challenge has produced a mighty sum in the region of **£17,000!** This is a truly wonderful amount that has far exceeded both my expectations and those of the individual fundraisers.

The intention was to prioritise these funds for the Demelza House Children's Hospice. However, the sums involved have proved to be considerably higher than our planned maximum annual donation of £10,000 (an increase on the £8K we donated last year) to assist in the building and development costs of Demelza's new facility in Eltham. Consequently, our proposal is to donate **£10,000 to both of the children's hospices we support, i.e. Demelza House and Julia's House in Dorset.** Also, due to our London Marathon arrangements, we are also committed to donating £1,250 to the charity EveryChild.

Demelza have recently informed the Cicely Foundation of the excellent news that they have raised sufficient funds to close their 'Capital Appeal' and the new Eltham facility will open in late June. Nevertheless, they are, of course, very happy for such a major donation to go towards their expensive running costs for the first year of operation which will include:

- Residential short breaks for children in a six bedded unit, together with accommodation available for families wishing to stay with their child.
- End of life care.
- Hospice-at-Home services offering trained nurses and carers to help with children at home.
- Day Care to enable families to leave their child with professional carers during the day.
- Bereavement Services and practical advice to the immediate and wider family.

Julia's House are keen for us to assist in their 'Siblings Support Programme' and to this end the Cicely donation will be used to pay for a part-time Sibling Support Worker and fund two residential outdoor Activity weekends for the brothers and sisters of children with life-limiting or life-threatening diseases. This is part of the support provided from diagnosis to death and beyond for the whole family by Julia's House.

Congratulations and many thanks to the intrepid cyclists from Bromley Rugby Club for all their fantastic efforts in Ireland and persuading their family and friends to part with their money as well as 'Fit' Mick Lee and his London Marathon sponsors. The list of people who have supported these two events are too numerous to mention here individually, but I will endeavour to write to as many as I can to thank them for their wonderful generosity, particularly in these times of financial uncertainty. Please remember all charity funds received by the Cicely Foundation reaches the initiatives, projects and charities we support as all running costs and expenses are funded separately. Also all Cicely donations are at least 'matched' by the annual financial contribution personally made by myself and Maureen. All your support is very much appreciated and I can assure you it really does make a significant difference for many needy, vulnerable and deprived children.

Steve Cliffen
Cicely Foundation Chairman

PEDAL POWER

Over Easter a resolute group of Bromley Rugby Club members cycled from Malin Head to Mizen Head, the whole of Ireland north to south, to raise fund for Cicely! Covering 410 miles they experienced some wonderful hospitality and some fairly mixed weather. One of the participants, Pete Simpson, a teacher from South East London reported, "I would like to say that the night before we started we all went to bed early but that would be a lie as a typical Irish welcome kicked in and we were all very subdued the next morning!" Apart from the odd hangover, the trip was pretty much free of incidents requiring medical intervention although fired muscles, some sore bits and the youngest participant taking a tumble only a mile from the finishing point brought the group close to requesting paramedic backup.

Former Irish international backrow forward, Paul Collins, told Cicely, "I have experienced the whole list

of Irish climatic conditions but never all of them in one weekend – it even threatened to snow at one stage. However, the group peddled pretty well considering the high average age and there were no major mishaps apart from the canine population that took a fancy to us but we fought back with great determination mainly in the form of flying water bottles!"

With the total money raised in the region of an amazing **£13,000** we owe the whole team a great big thank you! We are very much looking forward to meeting the Bromley boys and organising the cheque presentations to Demelza House and Julia's House the two Cicely-linked Children's Hospices. Check out the article 'GREAT DONATIONS MAKE FOR CAREFUL THOUGHT' for further details.

Special thanks to Laing O'Rourke, Paul Collins employers, who donated a huge and impressive £5,000.



Paul Collins, Ron Arnold, Pete Simpson and Glen Ralph

The group were joined by Tim Bacon for the first two days, John Dolan who cycled day two and Brian McElhinney who completed day four

CICELY PEACE MATUNDA NEWS.....

- Seven year old Sheila has joined the orphanage and already made great friends.
- Our Development Plan team visiting the school/orphanage leave for Tanzania on 25 May. We are looking forward to our weeks stay and establishing how best we can help build upon the initial success of Cicely Peace Matunda.
- The building of the new classroom is complete and decoration is underway.
- Thanks again to Foxtan School for their ideas about how best to spend the money they raised for CPM. We have purchased chalkboards, maths equipment and games, inflatable globes, dictionaries, lego and a CD player. All this will go into extra suitcases to take on our next visit at the end of May. This will make a real difference to some very needy children!
- Joel Pallangyo, a new teacher has joined the staff and will be working with Class 1.
- Dorris, the Orphanage Matron for the last year or so has had to leave and return home to look after her three children. Fortunately the Director, Kaaya, has been able to recruit Tumaini who comes from a small town nearby and has experience of working at another orphanage.

Mery and Calvin helping to paint the new classroom



CONTAINER TO TANZANIA



Recent Donations

*Ian & Olwen Adams
Steaming Training Ltd*

*All who donated to
The London Marathon
and the Irish Cycle
Challenge
far too many to mention
individually*

*Many thanks from The
Cicely Foundation*



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Resources, equipment and items are now being collecting to be shipped off to Dar-es-Salaam in October. Well done to Twynham School in Christchurch who have been quick off the mark and already provided over 200 Science and Maths text books. We have written to all local schools in an attempt to fill our container and will soon be widening our net and approaching as many organisations as possible.

Apart from books and educational equipment we are also looking for items as diverse as working laptops, hand and garden tools, children's clothing and footwear (3 - 9 years), a generator, umbrellas and sheets as well as the ever in demand mosquito nets!

Many, many thanks to the wonderful Gary of Gary Bartlett Ltd - Plastering Contractors, who has worked wonders in locating and delivering our very own 20 foot container and to Nick May, of Willow Way Boat Yard in Christchurch, who is helping out with the storage of the container.

If you need more information, would like a full list of our requirements or have any donations please do not hesitate to contact us. The contents of the container will be shared between the Cicely Peace Matunda School and Orphanage and the WATU Teacher's Resource Centre in Northern Tanzania.

WANT TO GIVE TO CHARITY...WHY NOT VOLUNTEER?

We now have a number of Cicely volunteers working or planning a placement in one of our linked charities and organizations.

Leading the way is Bournemouth's Youth Cancer Trust who provide free, fun and activity based holidays for young people living with cancer or other life threatening /limiting illnesses:

- Bournemouth sixth former, Stormé England, is supporting at YCT for one or two hours every week for the next six months. Stormé said, "I am hoping voluntary work in the environment will be both rewarding and valuable to me when I move on to medical training at University".
- Recently retired Wentworth College Deputy Headteacher, Fiona Langridge, will be assisting in the office working on the YCT Data Base and general administrative tasks throughout the summer months.
- Trainee Electrician Tom Langridge and Cicely Trustee John Langridge will be helping out at popular Residents and Guests Thursday Evening Barbeques. Patsy and Eddie Whittaker, are also planning to be occasionally stepping up to the grill!
- Susan Cope will be using her expertise and training to hold regular art workshops with young people staying at Tracy Ann House.
- Twynham School Science Teacher, Sophia Georgiou, will be giving up two weeks of her summer holiday to assist in the overall operation at YCT.

Cicely Peace Matunda in Tanzania will also be receiving its first Cicely volunteers in the form of:

- Jenni Miles - former St Peter's School Bournemouth pupil and recently qualified from Swansea University. Jenni will be working at the Orphanage and school for the whole of October and November.
- Also former St Peter's School pupils brother and sister team Kate Clifflen (designer of the Cicely Foundation logo!) from Brighton University and recently qualified Engineer and Cicely Trustee Billy Clifflen will be spending much of June helping out and learning about Cicely Peace Matunda.

If you would like to find out more about being a Cicely Volunteer contact us on info@cicelyfoundation.com